Skittles Mini Meringue Kisses
RECIPE

Skittles Mini Meringue Kisses

TIME	180 Minutes
INGREDIENTS	7 items
MAKES	11 servings

Crisp, delicate meringues that are the perfect summer dessert, sprinkle with crushed Skittles® for a rainbow effect. This mini meringue recipe has been created by Aminah Sattar, find her Instagram page by searching for: @bitesandbakess

INGREDIENTS

- 3 egg whites
- 3/4 cup caster sugar
- 1 large pack of Skittles
- ½ tsp vanilla extract
- Pinch of salt
- 1/4tsp lemon juice
- 2 tbsp boiling water

Cooking Instructions:

1. Separate 10 red Skittles in a small bowl and soak in the boiling water.
2. Meanwhile, add your egg whites to a large mixing bowl with the salt & lemon juice. Using a stand mixer/ handheld mixer, whip together until the mixture becomes frothy.
3. Slowly sprinkle in the sugar. This step makes a big difference in your final meringues so remember to take your time and add the sugar in gradually. After the sugar has been added, beat in the vanilla extract.
4. From your small bowl, discard the Skittle lentils, you should be left with red water as the colour from the skittles has transferred. Add 1 tsp of this to your meringue mixture to give it a light pink colour.
5. Continue beating your meringue mixture until it gets to a thick marshmallow-y texture and can hold a stiff peak. Transfer to a piping bag immediately.
6. Place individual Skittle lentils of every colour on baking paper, spaced at least 2 inches apart. Pipe your meringues on top of each Skittle lentil.
7. Bake at 200F for 45 minutes. Turn the oven off and leave the meringues in the oven for a further 2 hours minimum to allow them to completely dry out.

8. Top with crushed Skittles to make them extra colourful!

Nutrition:

62 calories per mini meringue

More Recipes Like This



Skittles Vegan Ice Cream Sandwiches

Cooking time

25 Minutes

Ingredients

10 items



Skittles Rainbow Vegan Cupcakes

Cooking time

35 Minutes

Ingredients

16 items

Skittles No-bake Strawberry Cheesecake

Cooking time

15 Minutes

Ingredients

10 items

Skittles Vegan Fudge

Cooking time

25 Minutes

Ingredients

5 items

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